





7:00-8:00am

Arrival and breakfast in frog room on the first floor

8:00-9:00am

Depending on weather in the gym or on the playground in the morning

9:00-9:30am

Bears head back to class/ wash their hands then we start our morning circle time (including songs, stories, and educational discussions)

9:30 -10:00am

Start Academics

10:00-10:30am

Snack Time

10:30 - 11:30am

free play (arts/craft, puzzles, learning games, role playing and hands on activities

11:30-12:30pm

Outdoor play/gross motor activities (running, climbing, or sports)

12:30-1:15pm

wash hands and then Lunch time

1:15 - 2:45pm

Nap/rest time(quiet activities ,reading books, coloring, or playing with stuff animals quietly)

2:45 - 3:15pm

wash hands again then have Snack time

3:15 - 3:45pm

Arts and craft (Structured activities/indoor play)

4:00 -6:00 pm

Depending on weather outside play or gym/pickup

